

For the Health and Well-being of Soul and Body

Please remember these thy servants during the
Paraklesis Services for health and well-being during the
15 Days of August in honor of the Theotokos

First Names are used only
"For God knows each of us even from our mother's womb"



Saint Spyridon Greek Orthodox Church
San Diego, California 92103

**Please return your names to Fr. Andrew well before each
Paraklesis Service**