

TODDLER NEWS

Thank you to everyone who participated in the Apokries celebration. Apokries, also known as Karnavali in Greece, is the festive preparatory period in the weeks prior to Greek Orthodox Lent. It is a way of saying "Goodbye to Meat" or "Apo χ apo kreas". The children had a great time dressing up, dancing, eating, and playing with one another. ❀



BABY & TODDLER PLAYGROUP

We will be gathering with our babies and toddlers on the second Wednesday of the month, **April 14th at 9:30 am**. We look forward to seeing you there! If you have any questions, please contact **Margaux Merziotis** at (619) 370-6733 or **Zoi Trakas** at (619) 917-3273. ❀

PAN ARCADIAN

PAN ARCADIAN FEDERATION OF AMERICA SAN DIEGO • TEGEA CHAPTER #101

Our next PFA meeting will be held April 29 at 7:00 pm in St. Spyridon's education building. Our March meeting featured a Lenten buffet in honor of March 25. Currently we are finalizing plans for the scholarship program which you will find in another section of the bulletin. Our focus remains on fellowship, philanthropy and good will. This is exemplified by our donation to the Archdiocese Haitian Relief Fund, among other projects. We encourage all Arcadians to attend our meetings whether or not they are members. We look forward for seeing as many of you as possible at our next meeting. ❀

Fraternally, Fred Georggin, President

ENVOGUE NEWS

The Anthousa Award chairman **Angie Georggin** welcomes your participation in the nomination process of the 2010 Anthousa Award recipients. Nominating someone is easy, later in the month we will be mailing them to you, or you may visit the website and print out the form on line at: www.envoguebyanthousa.org. The first mailing meeting has been scheduled for Saturday, April 24th at 9AM in the educational building. Mailing chair Fred Georggin invites you to take part in this fun community activity. We have 3000 envelopes to stuff and sort and every pair of hands is welcome and needed. This year's beneficiaries Philoptochos Ministries, ASYMCA, and Trinity Children's Foundation of America will be grateful for your support. The general committee still has some vacancies and meets the third Tuesday of each month at 7 PM in the Educational building. This month's meeting will be Tuesday April 20th. **Please join us, community welcome.** ❀

WWW.ENVOGUEBYANTHOUSA.ORG

SENIOR NEWS

Dear Seniors,

Our next meeting will be a **Potluck and a Movie** on **Tuesday, April 13th** at 10:30am. Please note that April's meeting is the *last one* till September. The Festival baking is going to start on April 12th. Please make sure to come and help. *We need a lot of volunteers.* If you have any questions, please call me at 619-855-2991. ❀

With Love, Sophia Mellos