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St. Spyridon Greek Orthodox Church

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Mrs. Alina Kleinhenz
Mrs. Marian Dougenis
Mrs. Kathy Meck
Mrs. Angel Gilpin
Mrs. Sophia Mellos
Mr. Bill Navrides & Mrs. Stephanie Navrides
Mrs. Susan Miserlis
Mrs. Athena Georges
Mrs. Mary Mastorakos
Mrs. Janet Burgess, Ms. Maria Kelmis, Mr. John Burgess
Mr. Themis Gallanis
Mrs. Helen Mellos
Ms. Adrienne Bell

SUNDAY, MARCH 18, 2018

Sunday of St. John Climacus

Orthros 8:30 am; Divine Liturgy 10:00 am

Epistle Reading: Hebrews 6:13-20 **Red Divine Liturgy Book Pg. 141**

Gospel Reading: Mark 9:17-31 **Red Divine Liturgy Book Pg. 142**

ALTAR SERVER TEAM:

St. Demetrios: Captain: William Gilpin, Theo Couris, George Dougenis, Jack Dougenis, Kosta Kalamaras, Will Kalas, Nikos Kapetanios, Petros Kapetanios, Dean Lahanas.

NARTHEX DUTY TEAM:

St. Demetrios: Jim Kesaris, Team Leader; Francesca Captain, Ken Kleinhenz, Michael Platis, Bill Navrides.

The Hymn of St. Spyridon: can be found on the **back cover** of the red Divine Liturgy book.

Pre-Communion Prayers: offered **before** receiving Holy Communion can be found on **page 29** of the **red Divine Liturgy book**.

Thanksgiving Prayers: offered **after** receiving Holy Communion can be found on **page 40** of the **red Divine Liturgy book**.

The Memorial Service: can be found on **page 164** of the **red Divine Liturgy book**.

WELCOME - AND A FEW WORDS ABOUT COMMUNION... We warmly welcome all visitors and seekers in our midst today, trusting that your experience here will be an uplifting and enriching one. The Greek Orthodox Churches are the ancient and native communities of the biblical world, with centers in the Holy Lands, Syria, Egypt and Asia Minor, and by extension in Greece, Cyprus and throughout the world. Like the ancient Christians, we engage the whole person, heart, mind and all senses in Divine Worship. This experience has been so powerful to seekers in the past that it was often said "We knew not whether we were in heaven or on earth. We knew only that there God dwelt among human beings." That communion experience of heaven on earth and God in our midst forms the heart of all Orthodox worship. It culminates in the sharing of Holy Communion, which not only unites us with the Divine, but also expresses the deep unity in faith and life between all Orthodox believers. Since Holy Communion expresses that deep unity in belief and practice alike, it is reserved for observant Orthodox Christians. This does not mean, however, that non-Orthodox are 'excluded' - rather, the Orthodox choose not to make an external display of unity when actual unity does not exist. While working to restore the full communion that did exist in antiquity, today we offer the sign of the blessed bread at the service's conclusion as a symbolic gift of hospitality and growing unity that is offered to all present. If you would like to learn more about the Orthodox way of life, or have any questions about worship or Holy Communion, please approach Fr. Andrew following services. We welcome you all.

THE ORDER OF PROCESSION WHEN RECEIVING HOLY COMMUNION - Please allow our Sunday School children and their teachers to be the first to receive so they can depart for their lessons. Specifically, 5th grade and up should come on the right side (without parents) before the choir and proceed to class immediately. Then, allow the choir to approach also from the right side. Then, quietly, row by row, at the direction of the Parish Council members, those remaining in the pews are asked to move into the center aisle, receive Holy Communion and return to their pew for the remaining Thanksgiving Prayers using the side aisles.

LENTEN WEEKLY SERVICES:

Wednesday, March 21st

Friday, March 23rd

Pre Sanctified Gifts 6:00 PM

Akathistos/Hymn Without Sitting 6:30 PM

SUNDAY'S MEMORIAL:

Spyro Vartelas - 40 days

FELLOWSHIP HALL

& COFFEE HOUR:

Today's fellowship and coffee hour is graciously offered in Memory & Honor of our Parents and Grandparents. Missing them always, especially during this Most Special Time of Year. Memories Eternal. Jim, Angel, Dimitri & William Gilpin

ST. SPYRIDON CHURCH NEWS, EVENTS AND ANNOUNCEMENTS

Thank you - to **W.O.W. (Women Of The Word)** for this week's sponsorship of the icon of St. John Climacus, in honor of his beautiful book The Ladder of Divine Ascent which they are studying this year.

Condolences - to the family and friends of **Sarantos Christakos** who passed away on March 14th. **The Trisagion Service will be held at Featheringill Mortuary (6322 El Cajon Blvd, San Diego, CA 92115) on Mon, March 19th at 7:00 pm. The Funeral Service will be held at St. Spyridon GOC on Tuesday, March 20th at 10:30 am.** May his memory be eternal.

Stewardship 2018 Reminder - Your 2018 pledge card has been sent to your home. If you have not made your stewardship pledge for 2018, please reflect and pray about it and then complete your pledge card and send it to the church office at your earliest convenience. If you have misplaced your 2018 pledge card and need a new one please call the church office and they will assist you. The Stewardship Committee recommends a 10% increase from your 2017 pledge in order that the parish can balance its Operating Budget. The Stewardship Committee thanks you in advance for all your honorable efforts.

Bookstore - Great Lent book, by Alexander Schmemmann, offers a scholarly introduction to the major themes, services and texts of Lent. Come get your copy in the bookstore! **Also, check out our Paschal display table for wonderful children's books.**

Pascha Tsoureki Bread Sales! - Today through next Sunday, March 25th, you can order your Pascha bread (Tsoureki). Made by the Ladies of Philoptochos and available for pickup on Palm Sunday. **\$15 each, see Stella Pappas and Jenny Capetanakis following Divine Liturgy to place your PAID orders.** Orders can also be mailed with payment. See "Tsoureki Reservation Form" in the monthly Shepherd. Proceeds benefit our Philoptochos Chapter and the Kids 'n' Cancer ministry. Thank you for your support!

"Orthodoxy 101" - With Fr. Andrew in the church temple at 7:00 pm. Wednesday's March 21st, and 28th.

GOYA Palm Sunday Luncheon - Join us on **Sunday, April 1st** for the GOYA Palm Sunday Luncheon in the Church Hall following the celebration of the Divine Liturgy. Luncheon tickets are \$20 for Adults and \$10 for children under 12. **Tickets will NOT be sold at the door. If payment is received by March 26th you will be entered in an opportunity drawing.** Please see any GOYA member in the Church hall to purchase tickets today. **For more information please contact Bill Navrides at 619-992-6775 or bill.navrides@sharp.com.** Thank you for always supporting the GOYA ministry at St. Spyridon GOC!

St. Spyridon Greek Orthodox Church/George & Rose Papanicolaou Scholarship Fund - Attention: **2018 High School graduating Seniors.** Applications are available at: <http://www.stspyridon.org/scholarships.html>. **The deadline for submittal is March 31, 2018.** Any questions please contact Mrs. Helen Mellos at 619-298-2070 (HMM@mellos.org) OR Mrs. Christine Cremidan at 619-588-7844 (cremidanac@cox.net).

Zathas Foundation Scholarships - One of the primary purposes of the Zathas Foundation is to provide financial assistance to high school graduating seniors, community college students transferring to a 4 year college and to full-time undergraduate college/university students. If you would like an application email Spero Tzathas at spe1@cox.net. **Completed applications must be received before May 1, 2018.**

Today's Sunday Bulletin message: Happy Birthday! and La Multi Ani! to our dear mama Ana Dinescu on her milestone Birthday! Love, your children, grandchildren and handsome sons in law!